

## 16. Masculinity is free, does not say “I’m too busy”.



Are you a slave to your life or a master of it? The words “too busy” and “too tired”, are the most common words spoken today when any person is asked to spend some time and energy doing anything outside their personal routine. The script we follow during our waking hours accords with our culture’s agenda, not necessarily what’s best for human liberty or life. Unless we step in and intervene with behaviors which counter the script, its chains will become stronger. Yes, being “too busy” might fit with the “I’m important” brand,

which we’ve covered; but it also begs the questions: Is it true, and if so, what are you actually doing? Upon examination you will easily find the answer: Men are slaves to the rat race, to their own detriment, whether they realize it or not. When they escape the race, they are usually still engaged in activities which speed up the rat race even more.

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Look at the evidence objectively: Count the number of hours per week you spend on the following:

- A. Earning money – participating in production
- B. Spending money – participating in consumption
- C. Activities in which you are exposed to advertising, of yet more production and consumption
- D. Advertising yourself – branding activities, ultimately to sell yourself as a “product”.
- E. Vacationing to escape the reality of A-D
- F. None of the above – neither producing nor consuming nor being pressured to do so

The time and energy we spend on A-E are all obviously rising, not just for men but also for women, nearly equally (Hurray for equality!) What A-D have in common is they are all economic activities, and as such, are good for the Adamtocracy, but not necessarily in the best interests of lives and liberties of real people. These activities are the rat-race hours, and are driven by the motives of corporate profit and government taxation. They are the main source of pride for most of us. Ordinary men defend these activities and will usually insist that it is their choice, that they are free, yet are still “too busy, tired”, and still feel the need to escape, which they do.

In the meantime, men are participating less and less in the F activities: Sleeping, reading books, basic house and yard work, hanging out with friends, helping neighbors, unorganized play with wife and kids, spontaneity in general, and spending time in nature. They are known to be healthy activities, good for people, life and liberty; but they are not valued. No energy is acquired by the Adamtocracy, and they are rarely promoted with peer pressure. In fact, men frequently actively discourage deep thinking as “contemplating ones navel” and “idle time”.

They say it's not "productive". Is the lack of production even in the top ten list of problems facing humanity, which is currently characterized by its proclivity to, as fast as possible, destroy nature and build landfills?

**How much do you actually enjoy doing A-D above, and if you enjoy it so much, then why the need for E (Escape), and when asked to, why are you not spending more time on F?**

It is up to us to investigate deeply - to resist escapes and the comfort of conforming to large groups – and to observe, read, introspect, investigate, think, etc; then finally to choose good thoughts and behaviors over bad ones. Only after a man has dedicated himself to this type of work can he let his conscience (and fear of guilt) be his guide. This work is free will in action.....literally for *goodness* sake. The less we exercise our free will this way, the easier we can be controlled like robots, which is exactly what is happening. Wise men years ago predicted this.

Most men are extremely busy working hard and trying to be responsible; and to suggest they need to add to their daily activities yet more work, in this case self-knowledge, is an unwelcome notion to say the least. The most obvious solution then would be to subtract many of the image-promoting, self-aggrandizing, self-indulgent, and slothful activities that occupy us during the bulk of our waking leisure hours.